Family-Based Treatment Weight Progress Chart		Date Commenced:	
Name:		DoB:	Suggested Height Review Date:
Starting weight (Kg):	Starting Height (cm):	90% EBW (BMI):	100% EBW (BMI):
Starting % BMI:	Starting %EBW:	90% EBW (BMI):	100% EBW (Kg):

BMI	Wt
week	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26
date	
weight	
Wt change	
menstruation	