Invites you to a seminar for clinical practitioners and trainees:

**Working with Disorders of the Self: Imagination, Survival and Creativity**

*Jean Knox, Oxford, UK*

**Dates:** Saturday 11\(^{th}\) October 2014  
**Times:** 10am – 4pm  
**Venue:** Sydney University Village  
90 Carillon Ave, Newtown, NSW 2042  
**Cost:** (inc. light lunch):  
$230 inc GST,  
$210 inc GST if booked before 12\(^{th}\) September 2014  
No refund for cancellation after 29\(^{th}\) September 2014

In this one day seminar UK Jungian Analyst and psychiatrist Jean Knox will draw together elements of contemporary Jungian and Relational Analytic models of the psyche to offer important insights into understanding and working with people who have been traumatised and/or have a disorders of the self. Of central importance is how trauma inhibits imagination and creativity and the emerging neurobiological understanding of the role of empathy in therapy.

The seminar comprises a series of presentations interspersed with large and small group discussions where attendees will have opportunities to explore how they might use these understandings and insights in their own clinical work.

These presentations will include:

- The development of the self in infancy- Jung’s understanding of complexes and dissociative processes. Parallels with attachment theory and contemporary neuroscientific perspectives.
- The nature of early relational trauma and its long-term consequences.
- How trauma inhibits imagination and creativity.
- Repairing early relational trauma in psychotherapy, processes of symbolisation and the neurobiology of integrative processes.
- Clinical aspects of empathy and the neuroscience of empathy in psychotherapy.
- Jung’s understanding that both therapist and patient are ‘in the therapy’ - a relational model.

The presentations will draw on attachment theory and developmental and neuroscience research to offer a contemporary Jungian approach to understanding and working clinically with disorders of the self, illustrated with clinical vignettes from Jean’s own practice.

*Dr Jean Knox is a psychiatrist and a Jungian analyst with a relational and attachment-based approach. She is a Training Analyst of the Society of Analytical Psychology, a Senior Member and Training Therapist of the British Association of Psychotherapists and former Editor-in-Chief of the Journal of Analytical Psychology. She is Associate Professor at the University of Exeter, helping to run an academic clinical psychotherapy training- a Doctorate in Clinical Practice.*

Invites you to:

**A Supervision Seminar for Clinical Practitioners and Trainees**

*Jean Knox, Oxford, UK*

Dates: Sunday 12th October 2014  
Times: 10am – 1pm  
Venue: Sydney University Village  
90 Carillon Ave, Newtown, NSW 2042  
Cost: (not inc. lunch):  
$110 inc GST,  
$95 inc GST if booked before 12th September 2014  
No refund for cancellation after 29th September 2014

Jung’s trajectory points towards a two person field as the basis of the analytic / therapeutic process and relationship. This is particularly evident in his use of imagery from alchemy to describe multiple interpersonal dynamics which exist concurrently in that relationship.

Jung does not, however, offer tools for how this two person field can be drawn on when working with the many patients who come into therapy with a history of early relational trauma.

In this supervision seminar UK Jungian Analyst and psychiatrist Jean Knox will offer participants an opportunity to explore the implications of early relational trauma for our clinical practice as psychotherapists. A particular focus will be on the feelings of shame evoked when the patient feels unable to elicit an empathic response from the therapist. The neuroscience that underpins two forms of empathy in the therapeutic relationship, of ‘feeling for’ and ‘feeling with’ the patient will be explored in relation to the concordant and complementary countertransference.

Participants will be asked to bring case material for discussion and supervision and Jean will respond from the post-Jungian, interpersonal neurobiological perspective which she has developed, based on her extensive research in psychoanalysis, neurobiology, infant research and philosophy.

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